



# The Best of Both Worlds

Chiropractic & Physical Therapy  
Local & Convenient



ROWE Chiropractic & Physical Therapy



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Visit our state-of-the-art facility and staff ▼



## The Best of Both Worlds... Rowe Chiropractic & Physical Therapy Center

Dr. Robert A. Rowe is a licensed chiropractor with physical therapy privileges, and certified chiropractic sports practitioner who has been practicing in Annapolis since 1993. He also has advanced training in the treatment of whiplash and brain injury traumatology from the Spine Research Institute of San Diego. He is a former sports biomechanics research assistant for the United States Olympic Committee. He is involved in local youth sports organizations and is a certified youth sports coach in Anne Arundel County with a special interest in baseball. His office is conveniently located in Annapolis on Riva Rd., and his patient support staff are certified chiropractic assistants as required by the state of Maryland.

- Heavy emphasis on active care (patient rehabilitation)
- Neuromuscular reeducation for posture and balance
- Core strengthening and spinal stabilization
- Acute care treatment plans with end point discharge
- Coordinated patient care with allied medical doctors in the field of orthopedic, neurology, and pain management
- Ability for Dr. Rowe to send out for advanced diagnostic testing
- Utilizing gentle manipulation technique
- Soft tissue techniques (mobilization and myofascial release)
- Nutritional counseling/weight management available
- Assessment for custom fitted foot orthotics

Our new office location includes a 600 square foot rehabilitation area which allows us to provide our patients with therapeutic exercise and rehabilitation training, encouraging patients to actively participate in their own care. Our philosophy is to move the patient through the initial stages of passive care, quickly moving them into active care which has been proven to create better, longer lasting outcomes for the patient. This allows our patients to get out of pain more quickly resulting in faster recovery times and meeting treatment goals, concluding in a clinical end point.

Same day or next day new patient appointments...



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**ROWE**  
CHIROPRACTIC & PHYSICAL THERAPY  
**CENTER**

**Robert A. Rowe, D.C., C.C.S.P.**  
Certified Chiropractic Sports Practitioner

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